

Young Leader Development Days 2019

Two Young Leader days will be taking place in early 2019 to support the development of young adults aged from 13 and 17 years of age within aquatics clubs. This opportunity is designed for those who are considering helping out at their club and want to develop their skills, broaden their knowledge, enhance their CV and perhaps want to start coaching. Either day is FREE of charge to attend.

Option 1

Saturday 19th January, 9:30am – 3:00pm at Wakefield College, Castleford, WF10 4UA

or

Option 2

Saturday 26th January, 9:30am – 3:00pm at Unity Academy, Middlesbrough, TS3 8RE

(Note: Both of the development days cover the same content. Candidates are required to attend just one of the two days).

Both development days will include the following two workshops:

Swim England: Young Aquatic Helper

This workshop has been designed for young people who want to actively assist on poolside in any aquatic environment, e.g. clubs or learn to swim schemes.

The workshop consists of three hours of theory on the day, followed by completing three hours of practical work back in their club with the support of a mentor. The day will cover the following areas:

- An understanding of pool safety
- How to be an effective member of the teaching/coaching team
- Understand and apply learning styles and stages
- Be aware of good practice in an aquatic environment
- Understand the principles behind Athlete Development Support Pathway (ADSP)

UK Coaching: Keeping Safe in Sport – Safeguarding for Young Volunteers

This workshop will help you understand how to keep children and yourself safe in the sessions that you are involved in. It is designed to introduce young volunteers, officials, volunteers and sports leaders to the concept of 'good safeguarding practice' and is the ideal environment for you to develop your confidence in how to identify what abuse of a child in sport may look like and how you should take action appropriate to your age and status.

The workshop will cover how to:

- identify and recognise good volunteering practice for keeping children safe
- recognise what to do if you have concerns about a child
- support safe sports sessions for children.

How to apply

To attend either one of the development days, please complete an application form.

This is available to complete online at:

Alternatively forms are available to download from the Swim England North East Region website: www.asaner.co.uk.

Please return completed applications to linda.tjaguns@swimming.org or post to the North East Region Office, 13 Horsemarket, Darlington, Co. Durham, DL1 5PW

Applications close on 6th January 2019. Apply early to avoid disappointment!