



British Level 2 Open Water Swimming Coach

This course covers the skills needed to effectively plan, deliver, and evaluate a series of open water training sessions.

Who is the course designed for?

Anyone who is a Swim England Swimming Coach, Swimming Teacher or Triathlon Coach and who wants to become an independent open water coach.

Course content

The course is delivered through a mixture of online learning, classroom activities, and practical learning, both poolside and in an open water environment.

You will learn about:

- Principles of swimming in open water
- Safe and effective planning and preparation for open water swimming
- Innovative delivery of open water swimming sessions

Prerequisites

You must be at least 17 years of age and a Swim England Swimming Coach, Triathlon Coach or Swimming Teacher with experience of swimming in an open water environment.



Upcoming Courses

16th March & 7th July

Trowbridge Sports Centre & Vobster Quay, South West

Book your place:

www.swimming.org/ios/course/1298

23rd March & 23rd June

Mountbatten Centre & Chichester Watersports, South East

Book your place:

www.swimming.org/ios/course/1283

4th May & 18th August

Northolt Leisure Centre & Ham Lake, London

Book your place:

www.swimming.org/ios/course/1368

18th May & 28th July

Loughborough University & Stanton Lakes, East Midlands

Book your place:

www.swimming.org/ios/course/1389

19th May & 18th August

Wentworth Leisure Centre/Druridge Bay Country Park, North East

Book your place:

www.swimming.org/ios/course/1303

25th May & 27th July

Friary Grange Leisure Centre/Stanton Lakes, West Midlands

Book your place:

www.swimming.org/ios/course/1391

22nd June & 31st August

Northolt Leisure Centre & Ham Lake, London

Book your place:

www.swimming.org/ios/course/1369

6th July & 28th September

Trowbridge Sports Centre & Vobster Quay, South West

Book your place:

www.swimming.org/ios/course/1284

Book your place:
swimming.org/ios