



The Syd Boothroyd NER Diving Grand Prix 2020

Leg 1 Leeds Saturday 18th January 2020 / Leg 2 Leeds Sunday 19th January 2020

Leg 3 NER Skills – Harrogate Sunday May 17th 2020

Entry deadline for LEG 1 & 2 Friday 20th December 2019 – pack will be reissued for Skills in March with deadline of 18th April 2020

Leg 1 Leeds 18th January

*NB THIS IS NOT EVENT ORDER
ORDER WILL BE DETERMINED
BY ENTRY NUMBERS*

Womens Open Platform
Men Open 1m
Group D/E 3m
Group A Platform
Mens Open Platform
Women Open 1m
Group A 1m
Group C 3m
Group B Platform
Open Platform Synchro

Leg 2 19th January

*NB THIS IS NOT EVENT ORDER
ORDER WILL BE DETERMINED
BY ENTRY NUMBERS*

Womens Open 3m
Mens Open 3m
Group C Platform
Group B 1m
Group D/E Platform
Group D/E 1m
Group B 3m
Group A 3m
Group C 1m
Open 3m Synchro

The events will be run under Swim England Laws and the FINA Technical Rules of Diving. Events and Age Groups over the 3 legs (Age as at 31st December 2020) will be as follows:

Skills:

Group E 8/9 yrs	Group D 10/11yrs
Group C 12/13yrs	Group B+ 14/16yrs

Age Groups:

Springboard 1mtr / 3mtr:

Group D & E – 11 yrs and under	Group C – 12/13 yrs
Group B – 14/15 yrs	Group A – 16/17/18 yrs

Platform Events:

Group E2/D – 10/11 yrs	Group C – 12/13 yrs
Group B – 14/15 yrs	Group A – 16/17/18 yrs

Open:

Springboard 1mtr / 3mtr	Platform
3mtr Springboard Synchro	Platform Synchro

***There is the possibility of a MIXED SYNCHRO event running – the conditions would be the same as Womens 3m Synchro – participants in this event would **NOT** be able to compete in the open synchro as well – please email me with the number of pairs you would like to enter then I will determine if this event will add value / can fit in to the schedule – do not add to entry form or send payment at this time ***

NER Diving Grand Prix Rules

1. Medals will be awarded to the top 3 competitors in each category.
2. The top club will be awarded by accumulating the highest points, across all categories, during the Grand Prix. The points will be awarded in each event as follows:

1 st	10	2 nd	7	3 rd	5	4 th	3	5 th	2	6 th	1
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3. NER Trophies will be given to the respective champions each year
4. Swim Yorkshire / Swim North East Trophies will be given to the respective champions each year
5. Dive Recorder will be used for all sessions in the Grand Prix and submission of dive sheets will follow normal Dive Recorder protocol.
6. For the Skills events there will be 9 Judges (3 panels of 3 Judges). For synchronised events there will be 9 judges (4 Individual and 5 Synchronised). For all other events there shall be one panel of 5 judges. – **CLUBS MUST PROVIDE JUDGES** as this is a regional event and there are only 6 clubs eligible to enter then there will be a requirement for more than one judge from clubs during some events
7. Divers may compete in only one category during the Grand Prix.

Please consider the following eligibility clauses carefully when selecting events for your divers.

Eligibility Conditions

1. A diver may compete at Skills finals and Swim England Age Groups in the same year if they have been a registered competitor for less than 2 years. If they have been registered for longer than that they need to decide whether to compete at Skills finals or Swim England Age Groups.
2. Once a diver has competed at Swim England National Age Group level they are excluded from competing at future Skills finals, except with written approval from the Swim England Diving Committee when moving into the B+ age group.
3. If a diver has competed at Elite Junior Championships they are not eligible to compete at future Swim England National Age Groups, except with written approval from the Swim England Diving Committee and only when moving up an age group.
4. If a diver has competed at any GB Senior Championships they are not eligible to compete at future Swim England National Age Groups.
5. Zone squad divers are NOT eligible to compete at Skills events.

Failure to comply with these conditions will result in disqualification.

QUALIFICATION SCORES

- **SCORES** – Scores are set by a National Technical Panel and reviewed annually. For Age Group & Junior Elites All scores continue to be recommended scores for 2020, however it is recommended that all coaches encourage their divers to achieve their required score at one or more of the events below.
 - » Regional event
 - » Last year's National event (as long as they remain in the same age group)
 - » Club grand prix event (as long as they are doing the same test)

National Skills Divers to qualify at a 'designated' Regional skills. Divers **must** achieve the qualifying standard to be eligible to compete.

DEFINITIONS

Competing/competed – divers are considered to be competing or competed at a certain level if they entered the contest - even if they did not dive due to injury or illness.

For example, if a diver was entered for Senior Nationals but did not dive due to injury, they cannot then compete at the National Age Groups.

Or

If a diver was entered for the National Age Groups but did not dive due to illness, they cannot then compete at the National Skills Finals.

Entry Fees

The entry fees are **£12.50** per diver, per event and **£20.00** per synchro event (**£10.00** per person). The entry fees must be paid at the time of entry.

Please make payment by BACS to:

SENER Sort Code: 050633 Account Number: 41160096

Reference: diving entries & club name

**A LATE ENTRY FEE OF £5-00 PER DIVER WILL BE
CHARGED**

**** Please where possible submit your entry payments as a club rather than individually ****

Entries to be sent to

Helen Dutton NER Diving Manager Email: nerdivingmanager@asaner.org.uk

Tel: 07914642681

AND

Ann Barker AnnBarker@aol.com

24 Lyndale Road, Eldwick, Bingley, BD16 3HE

Event Conditions

Open

Mens 1 metre Springboard

6 dives selected from 5 different groups without difficulty limit No dive to be repeated.

Womens 1 metre Springboard

5 dives selected from 5 different groups without difficulty limit No dive to be repeated.

Mens 3 metre Springboard

6 dives selected from 5 different groups without difficulty limit No dive to be repeated.

Womens 3 metre Springboard

5 dives selected from 5 different groups without difficulty limit. No dive to be repeated.

Mens Platform (5, 7.5, 10 metre)

6 dives selected from 5 different groups without difficulty limit. No dive to be repeated.

Womens Platform (5, 7.5, 10 metre)

5 dives selected from 5 different groups without difficulty limit. No dive to be repeated.

Mens 3metre and Platform Synchro

6 dives 2 x dives maximum dd 2.0 plus 4 optional dives.

4 groups to be covered. All dives must have same dive no (no alternate) At least 1 forward facing skill must be performed with a hurdle step. No more than 2 dives from the same group.

Womens 3metre and Platform Synchro

5 dives 2 x dives maximum dd 2.0 plus 3 optional dives. 4 groups to be covered. All dives must have same dive number (no alternate). At least one forward facing skill must be performed with a hurdle step. No more than 2 dives from the same group.

For synchro events divers do not have to be from the same club, if any of the pairing is not from the North East Region the pair will be considered to be non NER so will dive as guests

Swim England National Age Group Competitions - Competition format/regulations ***(see also General Conditions)***

1. Dives with limit shall not be repeated as dives without limit.
2. All dives of the same number shall be deemed to be the same dive.
3. No dive of the same number shall be repeated in any round.
4. Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.
5. Each competitor is entirely responsible for the accuracy of the statements in their list.
6. Minimum age for competitors on springboard is 9.
7. Minimum age for competitors on platform is 9.
8. Age Group categories and limits refer to the age the diver is on 31st December that year.
9. All events are competed as a straight final.
The winner is the diver with the highest score after all dives have been performed.
10. Medals shall be awarded in all Swim England Diving Championships and Competitions, to the first three placed divers in each competition and where different, to the first three placed English divers (see General Conditions for definition of English).

Age Groups

Category	Board Height	Event Conditions	Recommended Standard
Age Group D 9/10/11 yrs	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	130
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6dd)	135
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
Age Group C 12/13yrs	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) (4 groups to be covered)	160
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) (4 groups to be covered)	165
	5m/7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd) (4 groups to be covered)	160
Age Group B 14/15 yrs	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	180 girls, 190 boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	190 girls, 200 boys
	5m/7.5m/10m	3 dives from 3 groups (5.7) + 3 dives from 3 groups no limit	165 girls, 180 boys
Age Group A 16/18 yrs	1m	5 dives from 5 groups (9.0) + 3 dives from 3 groups no limit	
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 girls, 245 boys
	5m/7.5m/10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit	190 girls, 215 boys

SKILLS

Category	Board Height	Event Conditions		Recommended Standard
Age Groups E, D & C	Section 1. <i>Poolside</i>	Plain header (3 bubble rip) - 101A Arm swing back jump tucked - 200C Forward dive with tuck - 101C Arm swing forward jump pike - 100B	1.0 1.0 1.0 1.0	Group E 240 Group D 255 Group C 270
	Section 2. <i>1m</i> Group E /D only	Forward Jump straight - 100A Arm swing back jump straight - 200A 1 dive from list A (Forward/Inward) 1 dive from list B (Back/Reverse)	1.0 1.0 dd to count dd to count	
	Section 3. <i>3m</i>	Forward Fall straight - 10A Sitting forward tuck roll with pike out - 10C Standing back fall straight - 20A Crouched back tuck roll - 20C	1.2 1.2 1.4 1.3	

Section 2 Skill 1 – Forward Jump Straight – 100A is to be performed using a 2 bounce start for Age Groups E and D and using a hurdle step for Age Group C

Dive List A - 101c*, 101b*, 103c*, 103b*, 401c, 401b

List B - Back fall straight - 20A (1.0), 201c, 201b, 301c*, 301b*

- Divers in Age Groups E, D and C to perform back and inward dives with a T-start arm swing
- Divers in Age Groups E and D to perform forward and reverse dives from either a T-start arm swing OR a 2 bounce start
- Divers in Age Group C to perform forward and reverse dives from a T-Start arm swing, a 2 bounce start OR a hurdle step

	Board Height	Event Conditions		Recommended Standard
Age Group B+	Section 1. <i>1m</i>	1- 3, 3 skills from list C 4-6, 3 skills from list D (at least 2 groups must be covered from each list)	dd to count to count	Group B 250
	Section 2. <i>3m</i>	7-10, 4 skills from list E (at least 2 groups must be covered)	to count	

List C (1m)

101c, 101b, 103c, 103b, 401c, 401b, 402c, 403c – repeats permitted (1.0) *

List D (1m)

201c, 201b, 301c, 301b, 5221d, 5122d, 202c, 203c – repeats permitted (1.0) *

List E (3m)

101c, 101b, 103c, 103b, **105b**, 401c, 401b, 403c, **403b**, 201c, 201b, **203c**, 301c, 301b – repeats permitted (1.0) *

*** Dives of the same number are considered to be a repeat, even if they are in a different shape**

- These events run in a “circuit” format, with groups of competitors, simultaneously competing on 1m, 3m and poolside, enabling 12 skills to be competed in the same amount of time as 4 skills.
- The winner is the diver with the highest combined points total from ALL stations added together.

SWIM ENGLAND GENERAL DIVING CHAMPIONSHIP CONDITIONS

General Conditions

1. Swim England Championships and Competitions shall be competed for under the Laws, Rules, Regulations and Championship Conditions of the Association.
2. The promoter of the Swim England events is the Swim England Technical Diving Committee.

Registration/Membership

3. Entrants must be registered (1) as competitors of Swim England, Scottish Swimming or Swim Wales or (2) as competitors from any country affiliated to FINA, 60 calendar days prior to the commencement of the National Event ("The Meet") for which the diver is entering. The exact date to be published in the pre-event information.
4. Competitors must compete for the club/federation with which they are registered at the time they submit their entry form.

Deadlines & Late Entry Fee Fines

5. The closing date for entry fees and forms shall be 4 weeks prior to the commencement of The Meet (the exact date to be published in the pre-event information).
6. Only an official entry form, with the correct Swim England registration number. Until the correct fee and entry form are received, the competitor is not officially entered and a late entry fine will be applied if the appropriate forms/fees are not received by the deadline.
7. If a diver has submitted an official entry by the deadline but then decides they want to compete in an additional event, the additional entry is treated as a late entry.
8. **All entry fees and late fees are non-refundable.**
9. The late entry fee fine will only be applied once per Meet, per diver.
10. Divers may submit a late entry up to 15 minutes prior to the published start time of the Technical Meeting of The Meet. In order to be valid, this late entry must be accompanied by a signed entry form (as described in item 8), the correct entry fee and the late fee. Fees and Forms must be submitted to an official member of the Events Management Team (to be named in the pre-event information).
11. No entries, or dive sheets will be accepted after 15 minutes prior to the published start time of the Technical Meeting. See item 19 for Technical Meeting clarification.
12. Failure to submit appropriately signed entry forms and fees (including late fee) 15 minutes prior to the published start time of the Technical Meeting, will render the diver ineligible to compete in the event.

Dive Sheets

13. Electronic dive sheets must be submitted 24 hours prior to the published start time of the technical meeting. If submitted electronically, all sheets must be signed no later than 1 hour prior to start of the session in which that (preliminary or straight final) event appears.
14. Failure to sign the dive sheet may vitiate any protest the diver may make concerning the submitted dive list.
15. Manual dive sheets for ALL events must be submitted no later than 15 minutes prior to the published start time of the Technical Meeting. Dive sheets must be submitted to an official member of the Events Management Team (to be named on the pre-event information).
16. Failure to submit a dive sheet 15 minutes prior to the published start time of the technical meeting, will render the diver ineligible to compete in the event for which they have not submitted a dive sheet. This does not affect the divers' right to change a submitted dive sheet.
17. A provisional time/venue for the Technical Meeting will be published in the pre-event information. If this changes, the finalised time/venue of the Technical Meeting will be confirmed with notices posted on the poolside, before 1pm on the day of the Technical Meeting. If no notices are posted, there is no change to the time/venue of the Meeting. Any changes will also be posted on the website.
18. Dive sheets can be changed up to 1 hour prior to the start of the Session in which that event is scheduled. After this time, no dive sheet changes are permitted.
19. Moving into subsequent rounds (semi/final etc), dive sheets are automatically generated to replicate the original dive sheet. These dive sheets must be signed immediately after the results have been announced from the previous round. Qualifiers must go directly to the recorders following the announcement of the results. Note – dive sheets for an additional 2 reserve divers will be generated which also need to be signed, in case of the withdrawal of a qualified diver.
20. The deadline for signing a dive sheet for a subsequent round is 30 minutes AFTER the finish of the previous round or 5 minutes before the start of the next round, whichever is earlier. Failure to sign the dive sheet will render the diver ineligible to protest should there be a problem with the dive sheet.
21. These automatically generated dive sheets can be changed in between rounds (prior to semi-final or final), up to 30 minutes AFTER the finish of the previous round or 5 minutes before the start of the next round, whichever is earlier. After this time, no dive sheet changes are permitted.

Synchronised Entries

22. Rules 3-23 also apply to synchronised event entries (except where a diver is REPLACING * one of the synchronised divers who is already entered, due to injury or withdrawal for another reason). * The replacement diver must be entered as an official competitor in The Meet already. The request to replace one member of the pairing, must take place no later than the deadline for dive sheet changes for that competition. Requests to replace a diver after this deadline will be declined. Only one replacement per pairing permitted.
23. It is possible for a replacement diver to be used, who is not already an official competitor in The Meet, however they must comply with all conditions from 3-23 and must therefore be entered as an official competitor, no later than 15 minutes before the technical meeting.

24. If both members of a pairing are replaced, this is considered a new entry and is therefore subject to 3-23 above.

Miscellaneous

25. For insurance purposes, only competitors entered in the competition, or those expressly invited by the organiser/promoter of the event, can train at the venue, during the published times/days of the competition.
26. It is the responsibility of the athlete, coach or parent/guardian to obtain event information from the Swim England website or to request information be sent by mail (by contacting the Swim England Events Office). Swim England will not undertake to inform all registered divers and coaches of forthcoming events & conditions.
27. Information for all events will be available on the website at the beginning of each year. Website address is www.britishswimming.org, click on disciplines, select diving and select calendar and competition information.
28. It is recommended that entry forms and fees are sent by recorded delivery, or that proof of posting is obtained to use in the event of a dispute.
29. A typing/publishing error in the above rules within the pre-event information or programme is not grounds for an appeal. These Official Diving Conditions will be published on the website. In the event of a query or dispute, the content of the Official Diving Conditions as published on the website, will take precedence. Where a dispute or query is not covered within these conditions, FINA rules will apply.
30. If any of the above rules are not clear, you must ring the Swim England Events Office for clarification.

Competition procedure

31. The FINA international technical rules of diving shall be used in all Swim England Diving championships and Competitions wherever possible.
32. Only dives on the FINA degree of difficulty tables, or pursuant with the FINA formula shall be used in all Swim England events, with the exception of those dives prohibited by these conditions, or included in these conditions.
33. All diving installations shall be in accordance with the present FINA regulations and approved by a representative of the Swim England Diving Committee or Swim England Events Office.
34. All boards shall be available, whenever possible, for use by entered competitors, not less than one week before the advertised date of the competitions.
35. The Swim England Diving Committee, shall review annually, no later than the 1st November, the application and level of qualifying points, if any, for all Championships and Competitions.
36. Medals shall be awarded in all Swim England Diving Championships and Competitions, to the first three placed divers in each competition and where different, to the first three placed English divers.
37. In synchronised pairing, where there is one non-English diver, the pairing is deemed to be non-English.
38. In Swim England Championships, trophies shall be awarded to the best placed English diver.

39. In all Conditions for Swim England Diving Competitions and Championships, the phrase English diver or English divers shall mean a diver who is a member of and who is representing a club affiliated to the Swim England and who is eligible to represent England.
40. Age Group/categories refer to the age the diver will be on 31st December that year.
41. The format for each event can be found on the page which documents the specific event conditions for that event.
42. The winner in each event is the diver with the highest total points scored in the final competition (subject to the English/non-English conditions outlined above).
43. Dives with limit shall not be repeated as dives without limit.
44. All dives of the same number shall be deemed the same dive.
45. Single somersaults may not be performed in any Senior Championships, except those from Group 6.
46. Each competitor is entirely responsible for the accuracy of the statements in the list.
47. A protest may not be made against the decision of the referee or any other official regarding the facts of the competition. The referee's interpretation of Swim England Law, promoter's conditions of FINA Rules and Regulations must be accepted at the time, but may be the subject of a protest.
48. Anything not covered by these conditions shall be decided by the Swim England Technical Diving Committee

Leg 1- Leeds Saturday 18th January 2020
Leg 2 Leeds Sunday 19th January 2020

Training

The pool will be available for training from 7:30 am – duration to be determined
There will then be restricted training prior to events

Programme

Exact timings will be determined once all the entries have been received and numbers are known.

Technical Meeting

A technical meeting will be held in the dry gym prior to the first event. All coaches and officials must attend. Please inform the event staff if you are unable to attend the meeting or you are not able to send a substitute.

Dive Sheets Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use.

To submit your dive sheets on-line there are two options:

- Either visit: www.diverecorder.co.uk/onlinesheets and follow the instructions, or
- if you have an Android phone or tablet, you can get the **ADiveSheets app** from this page on the DiveRecorder website:
www.diverecorder.co.uk/dive/android

As soon as you complete either on-line submission method you will see a success/failure message. If successful you will be sent an automatic email confirming receipt of your details and dives. If you experience problems and need assistance you should e mail annbarker@aol.com

Electronic submissions must be made by no later than 9pm on the **Thursday 16th January**. You will be asked to sign hard copies of these sheets at the venue.

The deadline for signing of dive sheets is 8-30 am on the day of the event. The deadline for dive sheet changes is 1 hour prior to the start of the session.

If neither you nor your Coach are able to use the above electronic methods, you can submit hard copy of your lists of dives to the Recorders. Deadline for manual dive sheets is **Thursday prior to the event** by mail to Ann Barker.

Entries to be sent to

Helen Dutton NER Diving Manager

Email: nerdivingmanager@asaner.org.uk

Tel: 07914642681

AND

Ann Barker

24 Lyndale Road, Eldwick, Bingley, BD16 3HE

AnnBarker@aol.com