

NORTH EAST REGION SWIMMING RECORDS as at 1st January 2026

SHORT COURSE RECORDS – MEN

50	Freestyle	21.24	Gabriel Shepherd	City of Leeds	13.12.25	Sheffield
100	Freestyle	47.02	Gabriel Shepherd	City of Leeds	14.12.25	Sheffield
200	Freestyle	1.43.99	Nicholas Grainger	City of Sheffield	20.12.15	Sheffield
400	Freestyle	3.38.13	Max Litchfield	Dearne Valley	14.12.18	Sheffield
800	Freestyle	7.48.17	Ian Wilson	City of Leeds	22.01.98	Sydney
1500	Freestyle	14.40.69	Ian Wilson	City of Leeds	15.12.95	Sheffield
50	Breaststroke	26.89	Ian Hulme	City of Sunderland	08.08.09	Leeds
100	Breaststroke	58.66	Christopher Cook	City of Newcastle	14.08.03	Stockport
200	Breaststroke	2.08.02	Christian Ryan	Tynedale	12.12.25	Sheffield
50	Butterfly	23.06	Gabriel Shepherd	City of Leeds	11.12.25	Sheffield
100	Butterfly	50.86	Joe Litchfield	Dearne Valley	04.12.19	Glasgow
200	Butterfly	1.51.76	James Hickman	City of Leeds	28.03.98	Paris
50	Backstroke	23.99	Perry Gardner	Middlesbrough	14.12.19	Edinburgh
100	Backstroke	50.82	Joe Litchfield	Dearne Valley	05.12.19	Glasgow
200	Backstroke	1.51.77	Jay Lelliott	City of Sheffield	15.11.20	Budapest
100	Ind. Medley	52.23	Joe Litchfield	Dearne Valley	07.12.19	Glasgow
200	Ind. Medley	1.53.21	Max Litchfield	Dearne Valley	15.12.18	Sheffield
400	Ind. Medley	4.00.18	Max Litchfield	Dearne Valley	16.12.18	Sheffield

SHORT COURSE RECORDS WOMEN

50	Freestyle	24.29	Harriet Rogers	Borough of Stockton	12.12.25	Sheffield
100	Freestyle	53.26	Susan Rolph	City of Newcastle	10.12.99	Lisbon
200	Freestyle	1.54.32	Leah Schlosshan	City of Leeds	13.12.25	Sheffield
400	Freestyle	4.01.11	Joanne Jackson	Derwentside	11.04.08	Manchester
800	Freestyle	8.15.50	Joanne Jackson	Derwentside	03.02.07	Middlesbrough
1500	Freestyle	15.58.27	Amber Keegan	City of Sheffield	15.12.23	Sheffield
50	Breaststroke	30.31	Zoe Baker	City of Sheffield	27.01.02	Berlin
100	Breaststroke	1.06.35	Sienna Robinson	City of Sheffield	05.11.22	Sheffield
200	Breaststroke	2.22.88	Sienna Robinson	City of Sheffield	05.12.21	Sheffield
50	Butterfly	26.01	Harriet Rogers	Borough of Stockton	13.12.25	Sheffield
100	Butterfly	57.43	Jemma Lowe	Borough of Stockton	14.12.08	Reijka
200	Butterfly	2.04.01	Jemma Lowe	Borough of Stockton	11.05.08	Middlesbrough
50	Backstroke	27.69	Lily Boseley	City of Sheffield	21.10.18	Manchester
100	Backstroke	59.38	Stephanie Proud	Chester le Street	10.12.09	Istanbul
200	Backstroke	2.05.52	Stephanie Proud	Chester le Street	13.12.09	Istanbul
100	Ind. Medley	1.00.12	Leah Schlosshan	City of Leeds	16.11.25	Sheffield
200	Ind. Medley	2.07.83	Leah Schlosshan	City of Leeds	05.12.23	Bucharest
400	Ind. Medley	4.25.37	Aimee Willmott	Middlesbrough	15.12.13	Herning

SHORT COURSE RECORDS – BOYS

50	Freestyle	23.13	Thomas English	Chester le Street	15.12.19	Edinburgh
100	Freestyle	50.30	Elliot Clogg	City of Sheffield	18.12.15	Sheffield
200	Freestyle	1.50.23	Daniel Johnson	Middlesbrough	09.08.09	Leeds
400	Freestyle	3.56.71	Aidan Turner	City of Newcastle	08.12.24	Sheffield
800	Freestyle	8.05.94	Christopher Knight	City of Newcastle	03.02.07	Middlesbrough
1500	Freestyle	15.23.23	Chris Alderton	Durham University Aquatics	02.12.02	Shanghai
50	Breaststroke	28.91	Leyton Lavelle	Durham City Aquatics	12.12.25	Edinburgh
100	Breaststroke	1.04.00	Leyton Lavelle	Durham City Aquatics	13.12.25	Edinburgh
200	Breaststroke	2.20.09	Daniel Ransom	City of Leeds	04.11.23	Sheffield
50	Butterfly	24.96	Ned Sharp	Skipton	21.10.18	Sheffield
100	Butterfly	55.53	Reuben Visda	City of Sheffield	14.12.18	Sheffield
200	Butterfly	1.58.88	Benjamin Beale	Derwentside & Gateshead	13.12.25	Edinburgh
50	Backstroke	25.17	Elliot Clogg	City of Sheffield	18.12.15	Sheffield
100	Backstroke	54.14	Elliot Clogg	City of Sheffield	19.12.15	Sheffield
200	Backstroke	1.56.70	Elliot Clogg	City of Sheffield	17.12.15	Sheffield
100	Ind. Medley	58.17	Stan Sawyer	York City Baths Club	02.11.25	Sheffield
200	Ind. Medley	2.03.63	Jarvis Parkinson	DARTES	09.05.14	Middlesbrough
400	Ind. Medley	4.18.23	Matthew Johnson	City of Sheffield	10.12.10	Portland (USA)

SHORT COURSE RECORDS – GIRLS

50	Freestyle	25.55	Harriet Rogers	Darlington	14.12.19	Edinburgh
100	Freestyle	55.33	Emily Large	Newcastle	18.12.16	Toronto
200	Freestyle	1.57.37	Phoebe Cooper	City of Sheffield	14.12.23	Sheffield
400	Freestyle	4.08.10	Phoebe Cooper	City of Sheffield	14.12.23	Sheffield
800	Freestyle	8.33.82	Annalea Davison	Newcastle	17.12.16	Sheffield
1500	Freestyle	16.30.68	Jessica Thielmann	City of Newcastle	08.11.09	Durham
50	Breaststroke	32.30	Gabrielle Idle-Beavers	City of Sheffield	16.12.23	Sheffield
100	Breaststroke	1.09.02	Phoebe Cooper	City of Sheffield	10.12.23	Edinburgh
200	Breaststroke	2.27.03	Georgia Coates	City of Leeds	07.12.14	Sunderland
50	Butterfly	27.12	Nicola Jackson	Derwentside	10.12.99	Lisbon
100	Butterfly	59.22	Emily Large	Newcastle	16.12.16	Toronto
200	Butterfly	2.07.00	Emily Large	Newcastle	17.12.16	Toronto
50	Backstroke	27.74	Debbie Cocking	Rotherham Metro	17.12.16	Sheffield
100	Backstroke	59.77	Phoebe Lenderyou	City of Newcastle	10.09.11	Douglas
200	Backstroke	2.08.00	Stephanie Proud	Durham University Aquatics	16.12.02	Sheffield
100	Ind. Medley	1.01.31	Jane Brown	Newcastle	16.12.16	Sheffield
200	Ind. Medley	2.11.23	Phoebe Cooper	City of Sheffield	14.12.23	Sheffield
400	Ind. Medley	4.37.65	Emily Large	Newcastle	16.12.16	Toronto

LONG COURSE RECORDS – MEN

50	Freestyle	21.97	David Cumberlidge	Tynedale	04.07.19	Napoli, Italy
100	Freestyle	48.76	David Cumberlidge	Tynedale	04.07.19	Napoli. Italy
200	Freestyle	1.47.10	Nicholas Grainger	City of Sheffield	18.04.15	London
400	Freestyle	3.45.89	Nicholas Grainger	City of Sheffield	14.04.15	London
800	Freestyle	7.57.31	Jay Lelliott	City of Sheffield	03.03.18	Edinburgh
1500	Freestyle	15.03.72	Ian Wilson	City of Sunderland	25.08.91	Athens, Greece
50	Breaststroke	27.59	James Wilby	City of Leeds	26.05.23	Glasgow
100	Breaststroke	58.93	James Wilby	City of Leeds	19.06.22	Budapest (Hun)
200	Breaststroke	02:08.59	James Wilby	City of Leeds	29.07.22	Birmingham
50	Butterfly	23.97	Kieran Grant	Beverley Barracudas	28.07.23	Sheffield
100	Butterfly	52.09	Ian Hulme	City of Sunderland	28.06.09	Glasgow
200	Butterfly	1.56.76	Jay Lelliott	City of Sheffield	15.04.21	London
50	Backstroke	25.10	Nicholas Pyle	Newcastle	03.08.18	Glasgow
100	Backstroke	54.50	Nicholas Pyle	Newcastle	06.08.18	Glasgow
200	Backstroke	1.57.96	Elliot Clogg	City of Sheffield	13.12.19	Amsterdam
200	Ind. Medley	1.56.64	Max Litchfield	City of Sheffield	26.07.17	Budapest (Hun)
400	Ind. Medley	4.08.85	Max Litchfield	City of Sheffield	28.07.24	Paris

LONG COURSE RECORDS – WOMEN

50	Freestyle	25.24	Freya Rayner	City of Sunderland	27.07.17	Sheffield
50	Freestyle	25.24	Kate Clifton	City of Sheffield	22.07.25	Sheffield
100	Freestyle	54.71	Rebecca Turner	City of Sheffield	07.03.12	London
200	Freestyle	1.56.61	Joanne Jackson	Derwentside	06.06.08	Rome
400	Freestyle	4.00.66	Joanne Jackson	Derwentside	16.03.09	Sheffield
800	Freestyle	8.23.87	Joanne Jackson	Derwentside	13.02.09	Sheffield
1500	Freestyle	16.15.29	Eleanor Faulkner	City of Sheffield	07.03.11	Manchester
50	Breaststroke	30.56	Sophie Taylor	City of Leeds	24.07.14	Glasgow
100	Breaststroke	1.06.35	Sophie Taylor	City of Leeds	28.07.14	Glasgow
200	Breaststroke	2.24.46	Sophie Taylor	City of Leeds	12.04.14	Glasgow
50	Butterfly	26.68	Kate Clifton	City of Sheffield	18.04.25	London
100	Butterfly	57.78	Jemma Lowe	Borough of Stockton	03.04.08	Sheffield
200	Butterfly	2.06.64	Jemma Lowe	Borough of Stockton	31.03.08	Sheffield
50	Backstroke	28.84	Lily Boseley	City of Sheffield	20.04.19	Glasgow
100	Backstroke	1.01.24	Chloe Golding	City of Sheffield	06.04.22	Sheffield
200	Backstroke	2.08.91	Stephanie Proud	Chester le Street	06.07.09	Belgrade
200	Ind. Medley	2.10.60	Aimee Willmott	Middlesbrough	13.04.14	Glasgow
400	Ind. Medley	4.33.01	Aimee Willmott	Middlesbrough	24.07.14	Glasgow

LONG COURSE RECORDS – BOYS

50	Freestyle	23.66	Gabriel Shepherd	City of Leeds	21.08.23	Rio de Janeiro
100	Freestyle	51.47	Gabriel Shepherd	City of Leeds	25.07.23	Sheffield
200	Freestyle	1.52.40	Matthew Johnson	City of Sheffield	06.03.11	Manchester
400	Freestyle	3.55.93	Matthew Johnson	City of Sheffield	05.03.11	Manchester
800	Freestyle	8.10.92	Matthew Johnson	City of Sheffield	06.08.10	Sheffield
1500	Freestyle	15.36.11	Matthew Johnson	City of Sheffield	03.04.10	Sheffield
50	Breaststroke	30.11	Jason Robson	York City B.C.	25.07.18	Sheffield
100	Breaststroke	1.03.92	Max Partridge	City of Sheffield	07.08.05	Sheffield
200	Breaststroke	2.20.69	Max Partridge	City of Sheffield	05.08.05	Sheffield
50	Butterfly	25.17	Rio Daodu	Kingston Upon Hull	28.07.23	Sheffield
100	Butterfly	55.99	Ned Sharp	Skipton	26.07.19	Glasgow
200	Butterfly	2.01.12	Matthew Johnson	City of Sheffield	08.03.11	Manchester
50	Backstroke	26.42	Rio Daodu	Kingston Upon Hull	23.07.23	Sheffield
100	Backstroke	57.37	Nicholas Pyle	Newcastle	27.07.16	Sheffield
200	Backstroke	2.04.82	Elliot Clogg	City of Sheffield	16.04.15	London
200	Ind. Medley	2 04.86	Jarvis Parkinson	DARTES	08.08.14	Sheffield
400	Ind. Medley	4.22.76	Matthew Johnson	City of Sheffield	07.08.10	Sheffield

LONG COURSE RECORDS – GIRLS

50	Freestyle	25.60	Harriet Rogers	Darlington	16.02.20	Sunderland
100	Freestyle	56.03	Phoebe Cooper	City of Sheffield	24.07.23	Sheffield
200	Freestyle	2.01.18	Phoebe Cooper	City of Sheffield	24.07.23	Maribor
400	Freestyle	4.14.27	Hollie Wilson	City of Leeds	05.04.24	London
800	Freestyle	8.44.58	Danielle Hall-Jackson	City of Leeds	05.08.10	Sheffield
1500	Freestyle	16.37.29	Jessica Thielmann	Newcastle	21.02.09	Sunderland
50	Breaststroke	32.21	Layla Black	City of Leeds	23.06.15	Baku
100	Breaststroke	1.09.26	Layla Black	City of Leeds	27.06.15	Baku
200	Breaststroke	2.26.60	Layla Black	City of Leeds	30.07.15	Sheffield
50	Butterfly	27.50	Phoebe Cooper	City of Sheffield	06.04.22	Sheffield
100	Butterfly	59.55	Ciara Schlosshan	City of Leeds	30.06.17	Netanya (ISR)
200	Butterfly	2.08.87	Emily Large	Newcastle	06.07.16	Hodmezovasar
50	Backstroke	29.04	Lily Boseley	City of Sheffield	20.07.17	Bahamas
100	Backstroke	1.01.66	Lily Boseley	City of Sheffield	19.04.17	Sheffield
200	Backstroke	2.11.85	Stephanie Proud	Durham University Aquatics	18.07.04	Sheffield
200	Ind. Medley	2.13.28	Phoebe Cooper	City of Sheffield	09.07.23	Belgrade
400	Ind. Medley	4.44.60	Georgia Coates	City of Leeds	09.07.14	Dordrecht