



Swim England North East

**Your monthly dive into Artistic Swimming in the North East.
Insight, Inspiration & Innovation**

RECENT EVENTS/ACHIEVEMENTS

National Championships - 25th- 26th April

1st England Youth Camp

UPCOMING EVENTS

**NE/NW Multi-Regional Pre-combo & masters
championships - 23rd May**

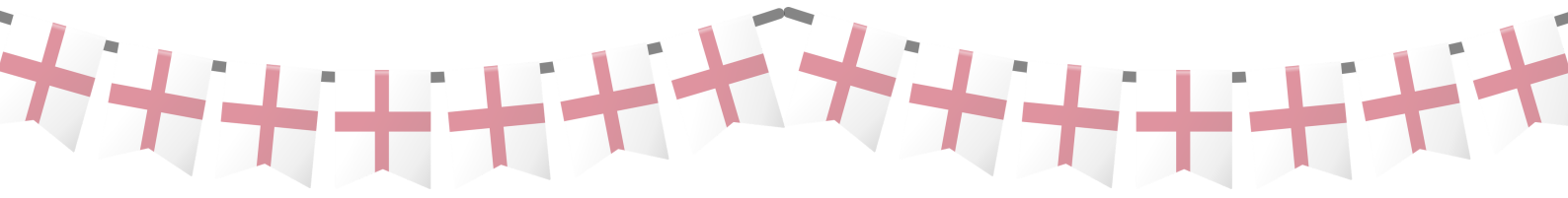
Regional Games - 29th May

Yorkshire Spring Novice competition - 7th June

MONTHLY WRITE UP:

Another fantastic month for the North East clubs on the National stage. City of Leeds and Gateshead artistic swimming club showcased their junior swimmers at the national championships and came away with three medals, one of each colour! Along with three City of Leeds swimmers have been selected onto the Youth England squad after their outstanding performances at National Age Groups in march!





Youth England Selection 2026

We are incredibly proud to announce that three athletes from City of Leeds have been selected for the prestigious England Youth Training Programme for the 2026 season.

- Beau Spence
- Bella Tennant
- Alana Hurst

This exciting achievement follows their fantastic performances at the National Age Groups Championships in March, where all three swimmers demonstrated outstanding talent, determination, and commitment in the pool.



As part of the programme, the athletes will attend three training camps at the High Performance Centre in Bristol between April and July. These camps will provide an excellent opportunity to train alongside some of the country's top young swimmers and share the pool with the country's top talented athletes, in a high-performance environment.

Selection to the England Youth Training Programme is a significant accomplishment and reflects the hard work of the swimmers, coaches, and support network behind them. Everyone at City of Leeds is extremely proud of their success, and we look forward to following their progress throughout the 2026 season. Congratulations to all three swimmers on this well-deserved recognition!



NATIONAL CHAMPIONSHIPS

2026

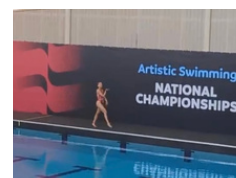
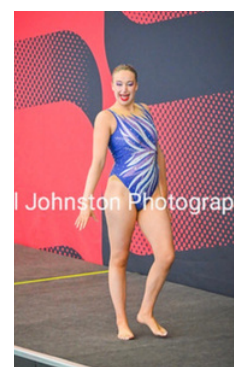
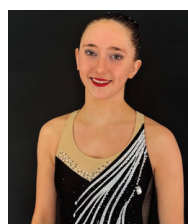
The Swim England Artistic Swimming National Championships returned to Nottingham on the weekend of 25th–26th April, with the country's top athletes competing at the Harvey Hadden Sports Village in one of the highlights of the domestic calendar.

Two North East clubs were proudly represented at the championships, with athletes from City of Leeds and Gateshead Artistic Swimming Club delivering strong performances across the weekend. The championships showcased the depth of talent across the North East region, with both clubs demonstrating the hard work and commitment of their athletes and coaching teams throughout the season.

Congratulations to everyone involved on representing their clubs and region so proudly at this year's National Championships.

Senior Free Solo

- 8th Madeleine Fish (COLSSC) 142.2313
- 11th Armela Brakaj (GASC) 134.1013
- 12th Ruby Whitehouse (COLSSC) 128.8925

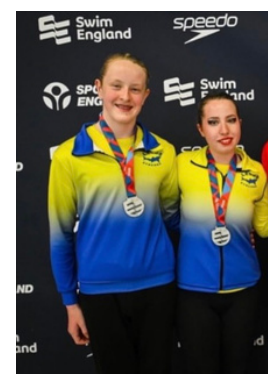
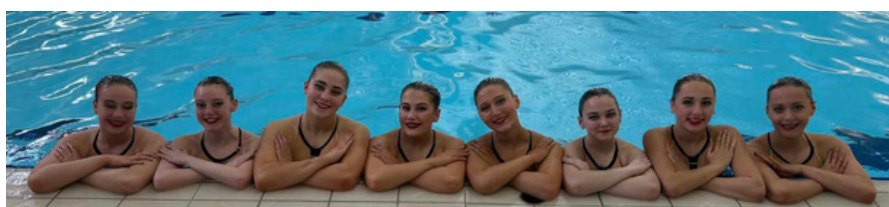


Senior Mixed Technical Duet

- 2nd Salvador Ingham & Filippa Smith (COLSSC) 99.3450 ★BASEMARK FREE★

Acrobatic Team

- 7th City of Leeds 101.0450



NATIONAL CHAMPIONSHIPS 2026



Senior Technical Duet

10th Mollyrose Young & Iris Thompson (COLSSC) 163.8425 ★BASEMARK FREE★

12th Madeleine Fish & Philippa Strangeway (COLSSC) 161.1000

13th Sofia Becerra-Mugica & Armela Brakaj (GASC) 160.0733

16th Ruby Whitehouse & Gabriella Ruddick (COLSSC) 151.0617

Free Team

4th City of Leeds 121.4200 ★BASEMARK FREE★ (just missing out on the bronze by 0.08)

8th Gateshead 88.6750



NATIONAL CHAMPIONSHIPS

2026

Senior Technical Solo

8th Madeleine Fish (COLSSC) 175.1650 ★BASEMARK FREE★

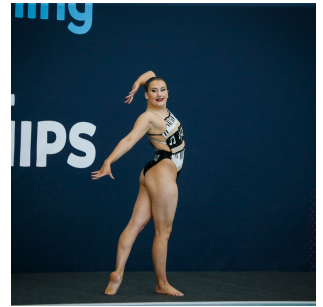
& 3rd in the Junior Catagory - taking away the bronze!

11th Ruby Whitehouse (COLSSC) 160.9133 ★BASEMARK FREE★

12th Mollyrose Young (COLSSC) 160.6500

13th Armela Brakaj (GASC) 160.1000 ★BASEMARK FREE★

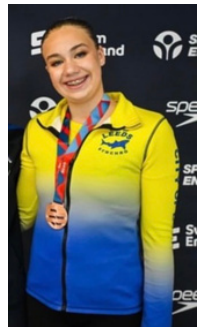
18th Sofia Becerra-Mufica (GASC) 145.0417



Senior Free Duet

9th Madeleine Fish & Philippa Strangeway (COLSSC) 130.0617

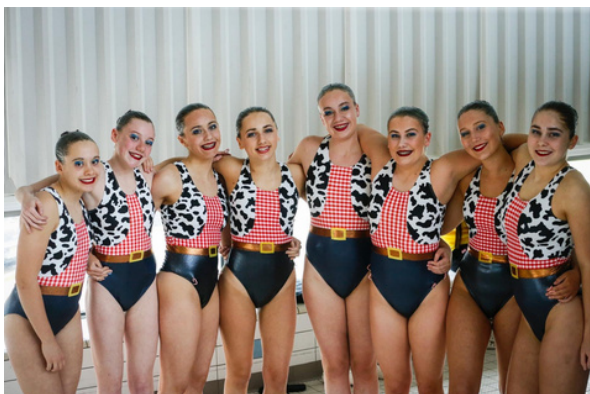
12th Armela Brakaj & Alyssa Mee (GASC) 115.5904 ★BASEMARKFREE★



Technical Team

9th City of Leeds 132.2550

12th Gateshead 123.0200



Regional Games - Land Video

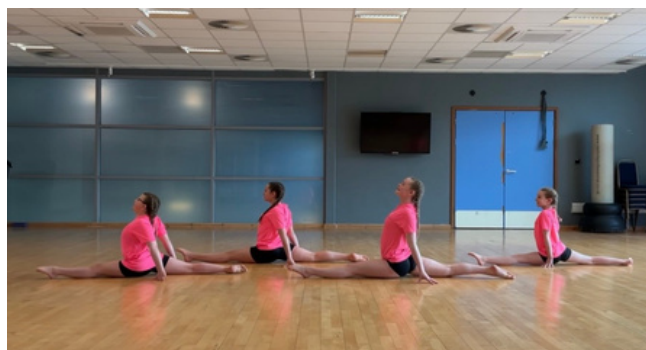
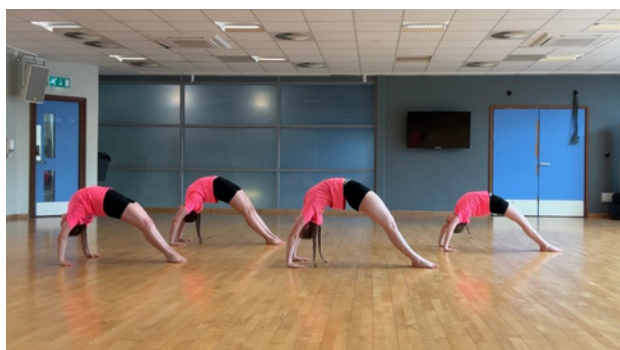
We are incredibly proud of our the athletes who took part in the land video for the Regional Games submission representing the North East.

The swimmers performed their skills with confidence, determination, and great team spirit, showcasing the hard work and talent within our region. From flexibility and strength to synchronisation and presentation, every athlete gave their very best performance and should be extremely proud of themselves.

What makes this team even more impressive is that the team had only minimal training time together, including one athlete jumping in at last minute to fill a role before filming. Despite this, the athletes rose to the challenge brilliantly, supporting one another and delivering an outstanding performance for the North East's submission.

Their positive attitude, commitment, and willingness to give everything during the preparation and filming process was outstanding! A huge well done to everyone involved - your effort, enthusiasm, and confidence shone and we could not be prouder of you all!

- Bella Tennant - City of Leeds
- Abbie Dargan - City of Leeds
- Iris Whitehouse - City of Leeds/Borough of Kirklees
- Emily Guest - Borough of Kirklees



North East Coaching Courses

Are you passionate about artistic swimming and looking to take the next step in your coaching journey? This summer is the perfect opportunity to develop your skills, gain valuable qualifications, and inspire the next generation of athletes with our upcoming Artistic Swimming Coaching Courses. Whether you are new to coaching or looking to progress your experience further, our Level 1 and Level 2 courses are designed to support coaches at every stage of their development.

Level 1 Coaching Course - Participants will learn the fundamentals of coaching, including:

- Basic artistic swimming skills and techniques
- Safe and effective session delivery
- Athlete development principles
- Communication and coaching methods
- Creating fun and engaging training environments
- This qualification provides a fantastic foundation for those looking to get involved in clubs and support the growth of the sport.

Level 2 Coaching Course - The course focuses on:

- Advanced coaching techniques
- Planning and delivering structured training programmes
- Developing athlete performance
- Leadership within coaching environments
- Technical and routine development
- Achieving Level 2 certification allows coaches to take a more independent role within artistic swimming programmes and further develop athletes at competitive levels.

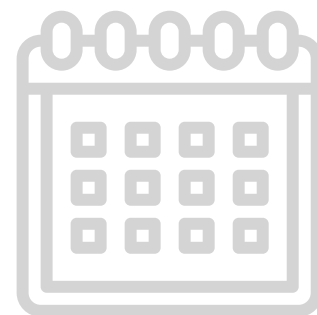
Spaces on both courses are limited, so early registration is encouraged.

For further information, please email nersynchromanager@asaner.org.uk or speak to your club secretary.

We look forward to welcoming the next generation of artistic swimming coaches this summer!



Upcoming Events:



NE Grade Day - Leeds

Sunday 3rd May

NW Grade Day - Irlam

Sunday 10th May

North East/North West Multi-Regional Pre-Combo Cup

Saturday 23rd May 2026 - Leeds

Regional Games 2026

Friday 29th May - Bristol

Yorkshire Competition

7th June 2026 - Leeds

