



Swim England North East Open Championships (25m) 2024
Swim England North East Age Group Championships (25m) 2024
2nd & 3rd November 2024
Ponds Forge International Sports Centre, Sheffield

Warm Up Schedule – Open Pool – Scoreboard End

Saturday 2nd November 2024

Session One – Heats – Start 8-55am

Warm Up: 07-30am; Clubs Adwick – Co Leeds
7-50am; Clubs Co Sheffield – Eston
8-10am; Clubs Harrogate – Newcastle
8-30am; Clubs Northallerton – York City Baths Club

Not Before 1-30pm

Warm Up: 12-30pm; Open/Male & 800m Freestyle
12-55pm; Female

Events

Mixed 800m Freestyle
Open/Male 50m Butterfly
Female 200m Backstroke
Open/Male 100m I.M.

Session Two – Finals – Start 4-30pm

Warm Up: 3-30pm; Open/Male, 3-55pm; Female

Sunday 3rd November 2024

Session Three – Heats – Start 8-55am

Warm Up: 07-30am; Clubs Adwick – Co Leeds
7-50am; Clubs Co Sheffield – Eston
8-10am; Clubs Harrogate – Newcastle
8-30am; Clubs Northallerton – York City Baths Club

Not Before 1-pm

12noon; Open/Male & 1500m Freestyle
Warm Up: 12-25pm Female

Events

Mixed 1500m Freestyle
Female 50m Butterfly
Open/Male 200m Backstroke
Female 100m I.M.

Session Four – Finals – Start 4-30pm

Warm Up: 3-30pm; Female, 3-55pm; Male

Warm Up Schedule – Age Group Pool – Diving Pit End

Saturday 2nd November 2024

Session One – Heats – Start 8-35am

Warm Up: Open/Male & Female 14yrs; 7-30am
Open/Male & Female 13yrs; 7-45am
Open/Male 11/12yrs; 8am
Female 11/12yrs; 8-15am

Session Two – Start 2pm

Warm Up: Female & Open/Male 14yrs; 12-50pm
Female & Open/Male 13yrs; 1-05pm
Female 11/12yrs; 1-20pm
Open/Male 11/12yrs 1.35pm

Sunday 3rd November 2024

Session Three – Start 8-35am

Warm Up: Open/Male & Female 14yrs; 7-30am
Open/Male & Female 13yrs; 7-45am
Female 11/12yrs; 8am
Open/Male 11/12yrs; 8-15am

Session Four – Start 2pm

Warm Up: Female & Open/Male 14yrs; 12-50pm
Female & Open/Male 13yrs; 1-05pm
Female 11/12yrs; 1-20pm
Open/Male 11/12yrs 1.35pm