

NDSA Teams Day 2025- Programme as at 15-Feb

Session 1

EVENT 101 Open 11/12/13/14 200m Free Team

1.	Borocuda A Team	Borocuda T	3:00.00	10.	Darlington A Team	Darlington	2:11.00
2.	Hetton A Team	Hetton	2:45.26	11.	Eston	Eston	2:10.00
3.	Durham City A Team	Durham City	2:29.88	12.	South Tyneside	South Tyne	2:08.99
4.	North Tyneside A Team	North Tyne	2:25.00	13.	Alnwick Dolphin A Team	Alnwick Dol	2:08.43
5.	Saltburn & Marske	Saltburn Mar	2:22.45	14.	Morpeth A Team	Morpeth	2:08.00
6.	Chester-Le-St A Team	Chester Le S	2:20.45	15.	Co Sund'land A Team	Co Sund'land	2:05.00
7.	Wear Valley	Wear Valley	2:20.00	16.	Newcastle ST A Team	Newcastle	2:05.00
8.	Tynemouth B Team	Tynemouth	2:15.15	17.	Tynemouth A Team	Tynemouth	2:03.42
9.	D'side & G'head A Team	Derwent&Gate	2:15.00				

EVENT 102 Female Open 400m Medley Team

1.	Durham City B Team	Durham City	6:06.20	9.	Darlington A Team	Darlington	4:44.00
2.	Durham City C Team	Durham City	5:20.55	10.	Wear Valley	Wear Valley	4:42.00
3.	Guisborough	Guisborough	4:56.41	11.	Co Sund'land A Team	Co Sund'land	4:40.00
4.	Durham City A Team	Durham City	4:54.67	12.	D'side & G'head A Team	Derwent&Gate	4:40.00
5.	North Tyneside A Team	North Tyne	4:50.00	13.	Newcastle ST A Team	Newcastle	4:30.00
6.	D'side & G'head C Team	Derwent&Gate	4:50.00	14.	Morpeth B Team	Morpeth	4:26.00
7.	Tynemouth A Team	Tynemouth	4:46.00	15.	Chester-Le-St A Team	Chester Le S	4:16.45
8.	D'side & G'head B Team	Derwent&Gate	4:45.00	16.	Morpeth A Team	Morpeth	4:16.00

EVENT 103 Open 400m Freestyle Team

1.	Durham City C Team	Durham City	4:41.25	12.	Newcastle ST B Team	Newcastle	3:50.00
2.	Durham City B Team	Durham City	4:37.00	13.	Chester-Le-St A Team	Chester Le S	3:49.45
3.	North Tyneside B Team	North Tyne	4:18.00	14.	Darlington A Team	Darlington	3:48.00
4.	North Tyneside A Team	North Tyne	4:10.00	15.	Co Sund'land A Team	Co Sund'land	3:46.00
5.	Consett B Team	Consett	4:02.00	16.	D'side & G'head B Team	Derwent&Gate	3:45.00
6.	South Tyneside	South Tyne	4:01.87	17.	Morpeth A Team	Morpeth	3:45.00
7.	Consett A Team	Consett	4:01.00	18.	Tynemouth A Team	Tynemouth	3:43.62
8.	Darlington B Team	Darlington	3:59.00	19.	Durham City A Team	Durham City	3:40.60
9.	Co Sund'land B Team	Co Sund'land	3:52.00	20.	Newcastle ST A Team	Newcastle	3:40.00
10.	Alnwick Dolphin A Team	Alnwick Dol	3:50.00	21.	D'side & G'head A Team	Derwent&Gate	3:40.00
11.	D'side & G'head C Team	Derwent&Gate	3:50.00	22.	Saltburn & Marske	Saltburn Mar	3:36.50

EVENT 104 Female 9/10yrs 200m Medley Team

1.	Borocuda B Team	Borocuda T	3:55.00	6.	Tynemouth B Team	Tynemouth	3:19.64
2.	Borocuda A Team	Borocuda T	3:45.00	7.	South Tyneside	South Tyne	3:18.65
3.	D'side & G'head A Team	Derwent&Gate	3:30.00	8.	Newcastle ST A Team	Newcastle	3:15.00
4.	Alnwick Dolphin A Team	Alnwick Dol	3:24.00	9.	Co Sund'land A Team	Co Sund'land	2:50.00
5.	Morpeth A Team	Morpeth	3:20.00	10.	Tynemouth A Team	Tynemouth	2:09.92

EVENT 105 Open 9/10yrs 200m Freestyle Team

1.	Borocuda C Team	Borocuda T	3:50.00	7.	Newcastle ST A Team	Newcastle	3:00.00
2.	Borocuda B Team	Borocuda T	3:40.00	8.	D'side & G'head A Team	Derwent&Gate	2:55.00
3.	Borocuda A Team	Borocuda T	3:30.00	9.	Morpeth A Team	Morpeth	2:45.00
4.	South Tyneside	South Tyne	3:21.71	10.	Chester-Le-St A Team	Chester Le S	2:39.45
5.	Alnwick Dolphin A Team	Alnwick Dol	3:09.72	11.	Tynemouth A Team	Tynemouth	2:38.53
6.	Tynemouth B Team	Tynemouth	3:02.91	12.	Co Sund'land A Team	Co Sund'land	2:25.00

EVENT 106 Female Junior 200m Medley Team

1.	Hetton B Team	Hetton	3:06.24	14.	Wear Valley	Wear Valley	2:14.00
2.	Durham City C Team	Durham City	2:48.26	15.	Tynemouth A Team	Tynemouth	2:13.15
3.	North Tyneside C Team	North Tyne	2:45.00	16.	Darlington A Team	Darlington	2:13.00
4.	North Tyneside B Team	North Tyne	2:40.00	17.	Co Sund'land B Team	Co Sund'land	2:12.00
5.	Saltburn & Marske	Saltburn Mar	2:33.94	18.	Durham City A Team	Durham City	2:11.55
6.	Hetton A Team	Hetton	2:32.73	19.	D'side & G'head A Team	Derwent&Gate	2:10.00
7.	Durham City B Team	Durham City	2:25.76	20.	South Tyneside	South Tyne	2:09.20
8.	Co Sund'land C Team	Co Sund'land	2:20.00	21.	Chester-Le-St A Team	Chester Le S	2:08.45
9.	Eston	Eston	2:20.00	22.	Morpeth A Team	Morpeth	2:08.00
10.	North Tyneside A Team	North Tyne	2:20.00	23.	Co Sund'land A Team	Co Sund'land	2:08.00
11.	D'side & G'head B Team	Derwent&Gate	2:16.00	24.	Alnwick Dolphin A Team	Alnwick Dol	2:08.00
12.	Newcastle ST C Team	Newcastle	2:15.00	25.	Newcastle ST A Team	Newcastle	2:05.00
13.	Newcastle ST B Team	Newcastle	2:15.00				

NDSA Teams Day 2025- Programme as at 15-Feb

EVENT 107 Open Junior 200m Freestyle Team

1.	Hetton A Team	Hetton	2:17.75	11.	Morpeth A Team	Morpeth	1:54.00
2.	Saltburn & Marske	Saltburn Mar	2:10.97	12.	Durham City A Team	Durham City	1:53.71
3.	Eston	Eston	2:10.00	13.	Darlington A Team	Darlington	1:53.50
4.	Durham City B Team	Durham City	2:07.45	14.	Co Sund'land B Team	Co Sund'land	1:53.00
5.	Wear Valley	Wear Valley	2:04.00	15.	Newcastle ST B Team	Newcastle	1:50.00
6.	Morpeth B Team	Morpeth	2:02.00	16.	D'side & G'head A Team	Derwent&Gate	1:50.00
7.	Chester-Le-St A Team	Chester Le S	2:01.45	17.	Alnwick Dolphin A Team	Alnwick Dol	1:49.79
8.	North Tyneside A Team	North Tyne	1:58.00	18.	Co Sund'land A Team	Co Sund'land	1:46.00
9.	South Tyneside	South Tyne	1:57.00	19.	Tynemouth A Team	Tynemouth	1:44.26
10.	Newcastle ST C Team	Newcastle	1:55.00	20.	Newcastle ST A Team	Newcastle	1:42.00

EVENT 108 Female 11/12yrs 200m Medley Team

1.	Borocuda C Team	Borocuda T	3:50.00	14.	Saltburn & Marske	Saltburn Mar	2:51.23
2.	Borocuda B Team	Borocuda T	3:40.00	15.	D'side & G'head B Team	Derwent&Gate	2:50.00
3.	Borocuda A Team	Borocuda T	3:30.00	16.	D'side & G'head A Team	Derwent&Gate	2:45.00
4.	North Tyneside B Team	North Tyne	3:25.00	17.	Tynemouth B Team	Tynemouth	2:43.82
5.	Hetton B Team	Hetton	3:23.04	18.	Morpeth B Team	Morpeth	2:43.00
6.	North Tyneside A Team	North Tyne	3:10.00	19.	Darlington A Team	Darlington	2:42.00
7.	Hetton A Team	Hetton	3:07.50	20.	South Tyneside	South Tyne	2:41.47
8.	Eston	Eston	3:00.00	21.	Co Sund'land A Team	Co Sund'land	2:40.00
9.	D'side & G'head C Team	Derwent&Gate	2:55.00	22.	Chester-Le-St A Team	Chester Le S	2:39.45
10.	Co Sund'land B Team	Co Sund'land	2:55.00	23.	Tynemouth A Team	Tynemouth	2:33.54
11.	Durham City A Team	Durham City	2:54.94	24.	Morpeth A Team	Morpeth	2:32.00
12.	Wear Valley	Wear Valley	2:53.00	25.	Guisborough	Guisborough	2:31.49
13.	Alnwick Dolphin A Team	Alnwick Dol	2:53.00	26.	Newcastle ST A Team	Newcastle	2:30.00

EVENT 109 Open 11/12yrs 200m Freestyle Team

1.	Hetton A Team	Hetton	2:56.98	11.	Alnwick Dolphin A Team	Alnwick Dol	2:23.40
2.	Wear Valley	Wear Valley	2:52.00	12.	Durham City A Team	Durham City	2:22.97
3.	Borocuda B Team	Borocuda T	2:50.00	13.	Tynemouth B Team	Tynemouth	2:22.74
4.	North Tyneside A Team	North Tyne	2:45.00	14.	Newcastle ST A Team	Newcastle	2:20.00
5.	Borocuda A Team	Borocuda T	2:40.00	15.	Morpeth A Team	Morpeth	2:20.00
6.	Consett A Team	Consett	2:38.00	16.	Co Sund'land A Team	Co Sund'land	2:20.00
7.	Chester-Le-St A Team	Chester Le S	2:30.45	17.	Eston	Eston	2:20.00
8.	D'side & G'head A Team	Derwent&Gate	2:30.00	18.	South Tyneside	South Tyne	2:13.24
9.	Darlington A Team	Darlington	2:27.00	19.	Tynemouth A Team	Tynemouth	2:11.65
10.	Saltburn & Marske	Saltburn Mar	2:25.10				

EVENT 110 Female 13/14yrs 200m Medley Team

1.	Borocuda A Team	Borocuda T	3:15.00	15.	Morpeth C Team	Morpeth	2:24.00
2.	Hetton A Team	Hetton	2:56.30	16.	Co Sund'land B Team	Co Sund'land	2:20.00
3.	Durham City B Team	Durham City	2:39.42	17.	Newcastle ST A Team	Newcastle	2:20.00
4.	Consett B Team	Consett	2:38.00	18.	D'side & G'head A Team	Derwent&Gate	2:20.00
5.	Alnwick Dolphin B Team	Alnwick Dol	2:38.00	19.	Alnwick Dolphin A Team	Alnwick Dol	2:19.00
6.	North Tyneside A Team	North Tyne	2:35.00	20.	Morpeth B Team	Morpeth	2:18.00
7.	Consett A Team	Consett	2:32.00	21.	South Tyneside	South Tyne	2:16.41
8.	Guisborough	Guisborough	2:30.44	22.	Durham City A Team	Durham City	2:15.49
9.	Co Sund'land C Team	Co Sund'land	2:30.00	23.	Wear Valley	Wear Valley	2:15.30
10.	Eston	Eston	2:30.00	24.	Tynemouth A Team	Tynemouth	2:15.03
11.	Saltburn & Marske	Saltburn Mar	2:28.23	25.	Co Sund'land A Team	Co Sund'land	2:15.00
12.	Darlington A Team	Darlington	2:28.00	26.	Morpeth A Team	Morpeth	2:12.00
13.	D'side & G'head B Team	Derwent&Gate	2:27.00	27.	Chester-Le-St A Team	Chester Le S	2:04.45
14.	Tynemouth B Team	Tynemouth	2:25.99				

EVENT 111 Open 13/14yrs 200m Freestyle Team

1.	Saltburn & Marske	Saltburn Mar	2:25.62	10.	Tynemouth A Team	Tynemouth	2:05.51
2.	Durham City A Team	Durham City	2:19.86	11.	Chester-Le-St A Team	Chester Le S	2:05.45
3.	Hetton A Team	Hetton	2:17.75	12.	D'side & G'head A Team	Derwent&Gate	2:05.00
4.	Alnwick Dolphin A Team	Alnwick Dol	2:17.12	13.	South Tyneside	South Tyne	2:04.69
5.	Tynemouth B Team	Tynemouth	2:14.99	14.	Morpeth A Team	Morpeth	2:00.00
6.	Guisborough	Guisborough	2:11.96	15.	Newcastle ST B Team	Newcastle	2:00.00
7.	Morpeth B Team	Morpeth	2:10.00	16.	Co Sund'land A Team	Co Sund'land	1:55.00
8.	North Tyneside A Team	North Tyne	2:10.00	17.	Newcastle ST A Team	Newcastle	1:50.00
9.	Darlington A Team	Darlington	2:08.00				

NDSA Teams Day 2025- Programme as at 15-Feb

EVENT 112 Mixed 9/10/11/12 200m Medley Team

1.	Borocuda C Team	Borocuda T	3:50.00	11.	Alnwick Dolphin A Team	Alnwick Dol	3:01.00
2.	Borocuda B Team	Borocuda T	3:40.00	12.	D'side & G'head A Team	Derwent&Gate	3:00.00
3.	Hetton A Team	Hetton	3:37.26	13.	Wear Valley	Wear Valley	2:58.50
4.	North Tyneside A Team	North Tyne	3:30.00	14.	Saltburn & Marske	Saltburn Mar	2:52.50
5.	Borocuda A Team	Borocuda T	3:30.00	15.	Morpeth A Team	Morpeth	2:50.00
6.	Eston	Eston	3:20.00	16.	Newcastle ST A Team	Newcastle	2:50.00
7.	D'side & G'head C Team	Derwent&Gate	3:12.00	17.	Tynemouth B Team	Tynemouth	2:45.21
8.	Durham City A Team	Durham City	3:06.92	18.	Co Sund'land B Team	Co Sund'land	2:40.00
9.	D'side & G'head B Team	Derwent&Gate	3:06.00	19.	Co Sund'land A Team	Co Sund'land	2:40.00
10.	South Tyneside	South Tyne	3:01.82	20.	Tynemouth A Team	Tynemouth	2:20.56

EVENT 113 Mixed Open 200m Freestyle Team

1.	Hetton A Team	Hetton	2:13.69	17.	Co Sund'land C Team	Co Sund'land	1:52.00
2.	Durham City C Team	Durham City	2:12.83	18.	Tynemouth B Team	Tynemouth	1:51.74
3.	North Tyneside B Team	North Tyne	2:05.00	19.	Darlington B Team	Darlington	1:51.00
4.	Eston	Eston	2:00.00	20.	South Tyneside	South Tyne	1:50.72
5.	Guisborough	Guisborough	1:59.42	21.	Newcastle ST C Team	Newcastle	1:50.00
6.	Saltburn & Marske	Saltburn Mar	1:58.28	22.	D'side & G'head B Team	Derwent&Gate	1:50.00
7.	Newcastle ST B Team	Newcastle	1:58.00	23.	Co Sund'land B Team	Co Sund'land	1:50.00
8.	Durham City B Team	Durham City	1:57.37	24.	Tynemouth A Team	Tynemouth	1:49.83
9.	North Tyneside A Team	North Tyne	1:56.00	25.	Alnwick Dolphin A Team	Alnwick Dol	1:49.82
10.	Alnwick Dolphin B Team	Alnwick Dol	1:55.62	26.	Morpeth B Team	Morpeth	1:48.00
11.	Wear Valley	Wear Valley	1:55.27	27.	Co Sund'land A Team	Co Sund'land	1:47.00
12.	Consett A Team	Consett	1:55.00	28.	Darlington A Team	Darlington	1:45.50
13.	D'side & G'head C Team	Derwent&Gate	1:55.00	29.	Newcastle ST A Team	Newcastle	1:45.00
14.	Darlington C Team	Darlington	1:53.50	30.	D'side & G'head A Team	Derwent&Gate	1:45.00
15.	Chester-Le-St A Team	Chester Le S	1:52.45	31.	Morpeth A Team	Morpeth	1:44.00
16.	Durham City A Team	Durham City	1:52.00				

EVENT 114 FINAL OF EVENT 101 Open 11/12/13/14 200m Free Team

EVENT 115 FINAL OF EVENT 102 Female Open 400m Medley Team

EVENT 116 FINAL OF EVENT 103 Open 400m Freestyle Team

EVENT 117 FINAL OF EVENT 104 Female 9/10yrs 200m Medley Team

EVENT 118 FINAL OF EVENT 105 Open 9/10yrs 200m Freestyle Team

EVENT 119 FINAL OF EVENT 106 Female Junior 200m Medley Team

EVENT 120 FINAL OF EVENT 107 Open Junior 200m Freestyle Team

EVENT 121 FINAL OF EVENT 108 Female 11/12yrs 200m Medley Team

EVENT 122 FINAL OF EVENT 109 Open 11/12yrs 200m Freestyle Team

EVENT 123 FINAL OF EVENT 110 Female 13/14yrs 200m Medley Team

EVENT 124 FINAL OF EVENT 111 Open 13/14yrs 200m Freestyle Team

EVENT 125 FINAL OF EVENT 112 Mixed 9/10/11/12 200m Medley Team

EVENT 126 FINAL OF EVENT 113 Mixed Open 200m Freestyle Team

NDSA Teams Day 2025- Programme as at 15-Feb

Session 2

EVENT 201 Female 11/12/13/14 200m Free Team

1.	North Tyneside B Team	North Tyne	2:45.00	13.	D'side & G'head A Team	Derwent&Gate	2:15.00
2.	Durham City A Team	Durham City	2:36.43	14.	Co Sund'land C Team	Co Sund'land	2:14.00
3.	North Tyneside A Team	North Tyne	2:30.00	15.	Darlington A Team	Darlington	2:12.00
4.	Eston	Eston	2:30.00	16.	Tynemouth B Team	Tynemouth	2:10.37
5.	Chester-Le-St A Team	Chester Le S	2:25.45	17.	Co Sund'land B Team	Co Sund'land	2:10.00
6.	D'side & G'head C Team	Derwent&Gate	2:25.00	18.	Newcastle ST A Team	Newcastle	2:10.00
7.	Wear Valley	Wear Valley	2:22.00	19.	Guisborough	Guisborough	2:09.35
8.	Consett A Team	Consett	2:22.00	20.	Tynemouth A Team	Tynemouth	2:07.56
9.	Saltburn & Marske	Saltburn Mar	2:20.15	21.	South Tyneside	South Tyne	2:04.02
10.	D'side & G'head B Team	Derwent&Gate	2:20.00	22.	Morpeth A Team	Morpeth	2:04.00
11.	Borocuda A Team	Borocuda T	2:20.00	23.	Co Sund'land A Team	Co Sund'land	2:00.00
12.	Alnwick Dolphin A Team	Alnwick Dol	2:16.50				

EVENT 202 Open 400m Medley Team

1.	North Tyneside B Team	North Tyne	4:50.00	12.	Co Sund'land A Team	Co Sund'land	4:08.00
2.	Durham City B Team	Durham City	4:47.28	13.	Morpeth A Team	Morpeth	4:08.00
3.	Wear Valley	Wear Valley	4:38.30	14.	Darlington A Team	Darlington	4:07.50
4.	Durham City C Team	Durham City	4:37.87	15.	D'side & G'head C Team	Derwent&Gate	4:05.00
5.	North Tyneside A Team	North Tyne	4:35.00	16.	Newcastle ST A Team	Newcastle	4:00.00
6.	South Tyneside	South Tyne	4:34.13	17.	D'side & G'head B Team	Derwent&Gate	4:00.00
7.	Alnwick Dolphin A Team	Alnwick Dol	4:30.00	18.	D'side & G'head A Team	Derwent&Gate	3:55.00
8.	Co Sund'land B Team	Co Sund'land	4:18.00	19.	Saltburn & Marske	Saltburn Mar	3:42.00
9.	Newcastle ST B Team	Newcastle	4:10.00	20.	Consett B Team	Consett	3:18.00
10.	Durham City A Team	Durham City	4:10.00	21.	Consett A Team	Consett	3:17.00
11.	Tynemouth A Team	Tynemouth	4:09.01	22.	Chester-Le-St A Team	Chester Le S	1:46.45

EVENT 203 Female Open 400m Freestyle Team

1.	Durham City B Team	Durham City	5:28.90	10.	Darlington A Team	Darlington	4:14.00
2.	Durham City A Team	Durham City	4:44.10	11.	Wear Valley	Wear Valley	4:12.00
3.	North Tyneside B Team	North Tyne	4:35.00	12.	D'side & G'head B Team	Derwent&Gate	4:10.00
4.	Guisborough	Guisborough	4:22.99	13.	Newcastle ST A Team	Newcastle	4:10.00
5.	Durham City C Team	Durham City	4:20.50	14.	Co Sund'land A Team	Co Sund'land	4:05.00
6.	D'side & G'head C Team	Derwent&Gate	4:17.00	15.	D'side & G'head A Team	Derwent&Gate	4:05.00
7.	Tynemouth A Team	Tynemouth	4:15.54	16.	Morpeth A Team	Morpeth	3:54.00
8.	Co Sund'land B Team	Co Sund'land	4:15.00	17.	Chester-Le-St A Team	Chester Le S	2:08.45
9.	North Tyneside A Team	North Tyne	4:15.00				

EVENT 204 Open 9/10yrs 200m Medley Team

1.	South Tyneside	South Tyne	4:07.11	7.	Alnwick Dolphin A Team	Alnwick Dol	3:24.00
2.	Borocuda C Team	Borocuda T	4:05.00	8.	D'side & G'head A Team	Derwent&Gate	3:20.00
3.	Borocuda B Team	Borocuda T	3:55.00	9.	Morpeth A Team	Morpeth	3:15.00
4.	Borocuda A Team	Borocuda T	3:45.00	10.	Co Sund'land A Team	Co Sund'land	3:15.00
5.	Newcastle ST A Team	Newcastle	3:30.00	11.	Chester-Le-St A Team	Chester Le S	2:59.45
6.	Tynemouth B Team	Tynemouth	3:26.97	12.	Tynemouth A Team	Tynemouth	2:56.57

EVENT 205 Female 9/10yrs 200m Freestyle Team

1.	Borocuda B Team	Borocuda T	3:40.00	7.	Morpeth A Team	Morpeth	2:55.00
2.	Borocuda A Team	Borocuda T	3:30.00	8.	South Tyneside	South Tyne	2:51.52
3.	Alnwick Dolphin A Team	Alnwick Dol	3:18.20	9.	Tynemouth A Team	Tynemouth	2:49.40
4.	D'side & G'head A Team	Derwent&Gate	3:00.00	10.	Newcastle ST A Team	Newcastle	2:45.00
5.	Newcastle ST B Team	Newcastle	3:00.00	11.	Co Sund'land A Team	Co Sund'land	2:40.00
6.	Tynemouth B Team	Tynemouth	2:59.36	12.	Chester-Le-St A Team	Chester Le S	2:39.45

NDSA Teams Day 2025- Programme as at 15-Feb

EVENT 206 Open Junior 200m Medley Team

1.	Durham City C Team	Durham City	2:56.76	11.	Darlington A Team	Darlington	2:07.00
2.	Saltburn & Marske	Saltburn Mar	2:36.60	12.	Newcastle ST C Team	Newcastle	2:05.00
3.	Hetton A Team	Hetton	2:35.87	13.	Morpeth A Team	Morpeth	2:02.00
4.	Durham City B Team	Durham City	2:27.61	14.	Durham City A Team	Durham City	2:00.76
5.	Wear Valley	Wear Valley	2:22.00	15.	Co Sund'land A Team	Co Sund'land	2:00.00
6.	Eston	Eston	2:20.00	16.	D'side & G'head A Team	Derwent&Gate	2:00.00
7.	Morpeth B Team	Morpeth	2:15.00	17.	Newcastle ST B Team	Newcastle	2:00.00
8.	South Tyneside	South Tyne	2:14.64	18.	Alnwick Dolphin A Team	Alnwick Dol	2:00.00
9.	North Tyneside A Team	North Tyne	2:12.00	19.	Newcastle ST A Team	Newcastle	1:58.00
10.	Co Sund'land B Team	Co Sund'land	2:10.00	20.	Tynemouth A Team	Tynemouth	1:55.30

EVENT 207 Female Junior 200m Freestyle Team

1.	Hetton B Team	Hetton	2:48.58	14.	Wear Valley	Wear Valley	2:03.00
2.	Saltburn & Marske	Saltburn Mar	2:33.94	15.	Co Sund'land B Team	Co Sund'land	2:02.00
3.	Hetton A Team	Hetton	2:29.68	16.	Tynemouth A Team	Tynemouth	2:00.76
4.	North Tyneside C Team	North Tyne	2:25.00	17.	Darlington A Team	Darlington	2:00.00
5.	North Tyneside B Team	North Tyne	2:20.00	18.	Newcastle ST A Team	Newcastle	2:00.00
6.	Durham City C Team	Durham City	2:19.14	19.	Newcastle ST B Team	Newcastle	2:00.00
7.	Chester-Le-St A Team	Chester Le S	2:15.45	20.	Newcastle ST C Team	Newcastle	2:00.00
8.	D'side & G'head B Team	Derwent&Gate	2:12.00	21.	South Tyneside	South Tyne	1:58.75
9.	Eston	Eston	2:10.00	22.	Durham City A Team	Durham City	1:58.60
10.	Durham City B Team	Durham City	2:08.83	23.	Alnwick Dolphin A Team	Alnwick Dol	1:58.46
11.	Co Sund'land C Team	Co Sund'land	2:08.00	24.	Co Sund'land A Team	Co Sund'land	1:58.00
12.	D'side & G'head A Team	Derwent&Gate	2:05.00	25.	Morpeth A Team	Morpeth	1:56.00
13.	North Tyneside A Team	North Tyne	2:05.00				

EVENT 208 Open 11/12yrs 200m Medley Team

1.	Borocuda B Team	Borocuda T	3:40.00	11.	D'side & G'head A Team	Derwent&Gate	2:45.00
2.	Borocuda A Team	Borocuda T	3:30.00	12.	Darlington A Team	Darlington	2:43.00
3.	Hetton A Team	Hetton	3:08.83	13.	Alnwick Dolphin A Team	Alnwick Dol	2:42.00
4.	North Tyneside A Team	North Tyne	3:00.00	14.	South Tyneside	South Tyne	2:36.73
5.	Chester-Le-St A Team	Chester Le S	2:59.12	15.	Co Sund'land A Team	Co Sund'land	2:35.00
6.	Wear Valley	Wear Valley	2:55.00	16.	Newcastle ST A Team	Newcastle	2:35.00
7.	Saltburn & Marske	Saltburn Mar	2:51.34	17.	Morpeth A Team	Morpeth	2:31.00
8.	Tynemouth B Team	Tynemouth	2:51.10	18.	Tynemouth A Team	Tynemouth	2:27.46
9.	Eston	Eston	2:50.00	19.	Consett A Team	Consett	2:08.00
10.	Durham City A Team	Durham City	2:49.31				

EVENT 209 Female 11/12yrs 200m Freestyle Team

1.	Saltburn & Marske	Saltburn Mar	3:21.10	15.	Alnwick Dolphin A Team	Alnwick Dol	2:32.19
2.	Hetton B Team	Hetton	3:13.04	16.	Newcastle ST B Team	Newcastle	2:30.00
3.	Borocuda C Team	Borocuda T	3:00.00	17.	D'side & G'head C Team	Derwent&Gate	2:30.00
4.	Chester-Le-St B Team	Chester Le S	2:59.12	18.	Morpeth B Team	Morpeth	2:30.00
5.	Chester-Le-St A Team	Chester Le S	2:58.45	19.	Tynemouth B Team	Tynemouth	2:26.81
6.	North Tyneside B Team	North Tyne	2:55.00	20.	D'side & G'head B Team	Derwent&Gate	2:25.00
7.	Borocuda B Team	Borocuda T	2:50.00	21.	Darlington A Team	Darlington	2:23.00
8.	Wear Valley	Wear Valley	2:48.00	22.	D'side & G'head A Team	Derwent&Gate	2:20.00
9.	Hetton A Team	Hetton	2:44.81	23.	Newcastle ST A Team	Newcastle	2:20.00
10.	Durham City A Team	Durham City	2:43.65	24.	Morpeth A Team	Morpeth	2:18.00
11.	Eston	Eston	2:40.00	25.	South Tyneside	South Tyne	2:15.48
12.	Co Sund'land B Team	Co Sund'land	2:40.00	26.	Co Sund'land A Team	Co Sund'land	2:15.00
13.	Borocuda A Team	Borocuda T	2:40.00	27.	Guisborough	Guisborough	2:14.59
14.	North Tyneside A Team	North Tyne	2:40.00	28.	Tynemouth A Team	Tynemouth	2:14.56

EVENT 210 Open 13/14yrs 200m Medley Team

1.	Saltburn & Marske	Saltburn Mar	2:52.10	9.	Chester-Le-St A Team	Chester Le S	2:23.45
2.	Durham City A Team	Durham City	2:49.31	10.	Tynemouth A Team	Tynemouth	2:23.26
3.	Guisborough	Guisborough	2:35.90	11.	Darlington A Team	Darlington	2:23.00
4.	Hetton A Team	Hetton	2:35.87	12.	North Tyneside A Team	North Tyne	2:20.00
5.	Tynemouth B Team	Tynemouth	2:31.19	13.	Morpeth A Team	Morpeth	2:18.00
6.	Alnwick Dolphin A Team	Alnwick Dol	2:31.00	14.	D'side & G'head A Team	Derwent&Gate	2:15.00
7.	Morpeth B Team	Morpeth	2:30.00	15.	Co Sund'land A Team	Co Sund'land	2:10.00
8.	South Tyneside	South Tyne	2:25.94	16.	Newcastle ST A Team	Newcastle	2:00.00

NDSA Teams Day 2025- Programme as at 15-Feb

EVENT 211 Female 13/14yrs 200m Freestyle Team

1.	Saltburn & Marske	Saltburn Mar	2:56.95	15.	Guisborough	Guisborough	2:12.35
2.	Hetton A Team	Hetton	2:40.00	16.	Morpeth C Team	Morpeth	2:10.00
3.	Chester-Le-St A Team	Chester Le S	2:33.45	17.	Tynemouth B Team	Tynemouth	2:08.73
4.	Borocuda A Team	Borocuda T	2:30.00	18.	Co Sund'land B Team	Co Sund'land	2:08.00
5.	Durham City B Team	Durham City	2:29.75	19.	Darlington A Team	Darlington	2:07.00
6.	Consett B Team	Consett	2:23.00	20.	Newcastle ST A Team	Newcastle	2:05.00
7.	D'side & G'head B Team	Derwent&Gate	2:20.00	21.	Alnwick Dolphin A Team	Alnwick Dol	2:04.73
8.	North Tyneside A Team	North Tyne	2:20.00	22.	Durham City A Team	Durham City	2:03.99
9.	Consett A Team	Consett	2:20.00	23.	Wear Valley	Wear Valley	2:03.50
10.	Eston	Eston	2:20.00	24.	Morpeth B Team	Morpeth	2:02.00
11.	Alnwick Dolphin B Team	Alnwick Dol	2:18.05	25.	Tynemouth A Team	Tynemouth	2:01.36
12.	D'side & G'head A Team	Derwent&Gate	2:15.00	26.	South Tyneside	South Tyne	1:59.43
13.	Newcastle ST B Team	Newcastle	2:15.00	27.	Co Sund'land A Team	Co Sund'land	1:58.00
14.	Co Sund'land C Team	Co Sund'land	2:14.00	28.	Morpeth A Team	Morpeth	1:56.00

EVENT 212 Mixed 9/10/11/12 200m Free Team

1.	Borocuda C Team	Borocuda T	3:30.00	11.	D'side & G'head B Team	Derwent&Gate	2:35.00
2.	Borocuda B Team	Borocuda T	3:20.00	12.	Alnwick Dolphin A Team	Alnwick Dol	2:32.93
3.	Borocuda A Team	Borocuda T	3:10.00	13.	South Tyneside	South Tyne	2:32.16
4.	Hetton A Team	Hetton	3:07.36	14.	D'side & G'head A Team	Derwent&Gate	2:30.00
5.	Wear Valley	Wear Valley	2:59.00	15.	Morpeth A Team	Morpeth	2:30.00
6.	North Tyneside A Team	North Tyne	2:50.00	16.	Tynemouth B Team	Tynemouth	2:27.84
7.	Durham City A Team	Durham City	2:48.67	17.	Newcastle ST A Team	Newcastle	2:25.00
8.	Eston	Eston	2:40.00	18.	Tynemouth A Team	Tynemouth	2:20.56
9.	D'side & G'head C Team	Derwent&Gate	2:40.00	19.	Co Sund'land A Team	Co Sund'land	2:20.00
10.	Saltburn & Marske	Saltburn Mar	2:35.10	20.	Co Sund'land B Team	Co Sund'land	2:20.00

EVENT 213 Mixed Open 200m Medley Team

1.	Hetton A Team	Hetton	2:49.52	16.	South Tyneside	South Tyne	2:04.97
2.	Durham City B Team	Durham City	2:31.50	17.	Tynemouth B Team	Tynemouth	2:04.30
3.	Durham City C Team	Durham City	2:27.70	18.	Durham City A Team	Durham City	2:03.70
4.	Guisborough	Guisborough	2:20.90	19.	Darlington B Team	Darlington	2:02.80
5.	Saltburn & Marske	Saltburn Mar	2:20.10	20.	Tynemouth A Team	Tynemouth	2:02.42
6.	North Tyneside B Team	North Tyne	2:10.00	21.	Alnwick Dolphin A Team	Alnwick Dol	2:02.00
7.	Eston	Eston	2:10.00	22.	D'side & G'head B Team	Derwent&Gate	2:00.00
8.	Co Sund'land C Team	Co Sund'land	2:10.00	23.	Chester-Le-St A Team	Chester Le S	1:59.12
9.	Darlington C Team	Darlington	2:09.00	24.	Morpeth B Team	Morpeth	1:58.00
10.	Co Sund'land B Team	Co Sund'land	2:08.00	25.	Newcastle ST C Team	Newcastle	1:58.00
11.	Alnwick Dolphin B Team	Alnwick Dol	2:07.00	26.	Newcastle ST B Team	Newcastle	1:58.00
12.	North Tyneside A Team	North Tyne	2:07.00	27.	Darlington A Team	Darlington	1:57.50
13.	Wear Valley	Wear Valley	2:06.50	28.	D'side & G'head A Team	Derwent&Gate	1:55.00
14.	Co Sund'land A Team	Co Sund'land	2:06.00	29.	Newcastle ST A Team	Newcastle	1:55.00
15.	D'side & G'head C Team	Derwent&Gate	2:05.00	30.	Morpeth A Team	Morpeth	1:52.00

EVENT 214 Mixed Canon 400m Freestyle Team

1.	North Tyneside A Team	North Tyne	4:55.00	10.	Tynemouth B Team	Tynemouth	4:23.42
2.	Durham City A Team	Durham City	4:54.81	11.	South Tyneside	South Tyne	4:17.29
3.	D'side & G'head A Team	Derwent&Gate	4:50.00	12.	Co Sund'land B Team	Co Sund'land	4:16.00
4.	Chester-Le-St B Team	Chester Le S	4:45.45	13.	Morpeth B Team	Morpeth	4:15.00
5.	Chester-Le-St A Team	Chester Le S	4:39.45	14.	Co Sund'land A Team	Co Sund'land	4:10.00
6.	Wear Valley	Wear Valley	4:35.00	15.	Tynemouth A Team	Tynemouth	4:09.10
7.	Eston	Eston	4:30.00	16.	Morpeth A Team	Morpeth	4:05.00
8.	Alnwick Dolphin A Team	Alnwick Dol	4:28.00	17.	Newcastle ST A Team	Newcastle	4:00.00
9.	Co Sund'land C Team	Co Sund'land	4:24.00				

EVENT 215 FINAL OF EVENT 201 Female 11/12/13/14 Freestyle Team

EVENT 216 FINAL OF EVENT 202 Open 400m Medley Team

EVENT 217 FINAL OF EVENT 203 Female Open 400m Freestyle Team

EVENT 218 FINAL OF EVENT 204 Open 9/10yrs 200m Medley Team

EVENT 219 FINAL OF EVENT 205 Female 9/10yrs 200m Freestyle Team

EVENT 220 FINAL OF EVENT 206 Open Junior 200m Medley Team

EVENT 221 FINAL OF EVENT 207 Female Junior 200m Freestyle Team

EVENT 222 FINAL OF EVENT 208 Mixed 9/10/11/12 200m Medley Team

EVENT 223 FINAL OF EVENT 209 Mixed Open 200m Freestyle Team

NDSA Teams Day 2025- Programme as at 15-Feb

EVENT 224 FINAL OF EVENT 210 Open 13/14yrs 200m Medley Team
EVENT 225 FINAL OF EVENT 211 Female 13/14yrs 200m Freestyle Team
EVENT 226 FINAL OF EVENT 212 Mixed 9/10/11/12 200m Free Team
EVENT 227 FINAL OF EVENT 213 Mixed Open 200m Medley Team
EVENT 228 FINAL OF EVENT 214 Mixed Canon 400m Freestyle Team

Draft