

Assistant Head Coach

Stocksbridge Pentaqua Swimming Club

Part Time

Issue Date – March 2026
V1.0

About Stocksbridge Pentaqua Swimming Club

- Stocksbridge Pentaqua Swimming Club is a passionate and welcoming community club based in Sheffield, dedicated to developing young swimmers and fostering a love of the sport. We pride ourselves on creating a supportive and fun environment where swimmers of all abilities can thrive and reach their full potential.
- We are now looking for an enthusiastic and experienced **Assistant Head Swimming Coach** to join our coaching team and help take our swimmers and programme to the next level.

The Role

- As Assistant Head Swimming Coach, you will work closely with our Head Coach & Assistant Head Coach to plan and deliver high-quality, engaging and fun training sessions for our swimmers across all our training programme. You will play a key role in the development of our athletes, with a key focus to build their technique, fitness, and competitive confidence in a positive and structured environment.
- This is a part-time position requiring regular availability across **midweek and weekend sessions**, so flexibility is essential. You will be expected to attend 5 out of our 7 regular training sessions per week including Sundays

What We Offer

- A friendly and supportive environment at Stocksbridge Pentaqua Swimming Club
- The opportunity to make a real difference to young swimmers' development
- Competitive part-time pay (dependent on experience)
- Continued professional development opportunities

How to Apply

- If you're passionate about swimming and ready to inspire the next generation of Pentaqua athletes, we'd love to hear from you.
- Please send your **CV and a brief covering letter** outlining your experience and why you'd be a great fit for Stocksbridge Pentaqua to Head Coach, Jon Thornhill - jonthornhill@stocksbridgepentaqua.co.uk by **30th April 2026**.

Key Responsibilities

- Plan and deliver engaging, age-appropriate training sessions for our age group swimmers in our Ore, Iron and Steel Squads
- Plan and deliver engaging training sessions for our masters swimmers in our Forged Squad
- Support the Head Coach in designing and implementing the club's annual training programme
- Monitor swimmer progress and provide constructive, motivating feedback
- Maintain a safe, inclusive, and enjoyable training environment
- Attend midweek and weekend sessions as part of a structured rota
- Support swimmers at galas and competitions
- Communicate effectively with parents, swimmers, and the Committee

What We're Looking For

Essential:

- Swim England Coach qualification (or equivalent recognised qualification)
- A minimum of 3 years' coaching experience working with junior swimmers aged 9–16
- Experience coaching within a competitive club environment
- Flexible availability to cover midweek and weekend training sessions and Gala's
- Strong communication and interpersonal skills
- A genuine passion for developing young swimmers
- Up-to-date Safeguarding and DBS clearance

Desirable:

- Experience coaching competitive club swimmers at a national level
- Knowledge of Swim England's swimmer pathway and development frameworks
- A formal Land Training qualification
- First Aid qualification
- Life Guard qualification



Swim Programme Timetable

	Pool														
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Total
	Start	End	Start	End	Start	End	Start	End	Start	End	Start	End	Start	End	
Stocksbridge Titanium			19:30	21:00	19:00	21:00			18:00	20:00	16:00	18:00	13:30	15:30	09:30
Stocksbridge Steel					19:00	21:00			19:00	20:00	16:00	18:00	13:30	15:30	07:00
Stocksbridge Iron			19:30	21:00					18:00	19:00	15:00	16:00	15:15	16:30	04:45
Stocksbridge Ore											15:00	16:00	15:15	16:30	02:15
Stocksbridge Forged	20:00	21:00					20:15	21:00							01:45

	Land														
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		Total
	Start	End	Start	End	Start	End	Start	End	Start	End	Start	End	Start	End	
Stocksbridge Titanium							19:30	20:30			15:00	15:45			01:45
Stocksbridge Steel							19:30	20:30	19:15	20:00					01:45
Stocksbridge Iron									18:30	19:00	16:15	17:00			01:15
Stocksbridge Ore											16:15	17:00			00:45
Stocksbridge Forged															00:00

	Total Pool & Land
Stocksbridge Titanium	11:15
Stocksbridge Steel	08:45
Stocksbridge Iron	06:00
Stocksbridge Ore	03:00
Stocksbridge Forged	01:45

